



Critical thinking on social media



A definition

Critical thinking can be defined as the ability to determine relevant information, evaluate its credibility, and draw reasonable conclusions about what one should believe or do (Paulsen, V.H., Kolstø, S.D., 2022). On social media, it is also called "Media Literacy". It is the ability to understand the messages different media are spreading and question what you consume on the Internet.

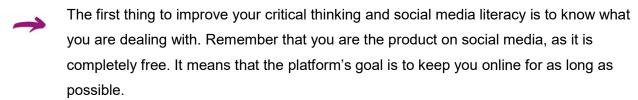


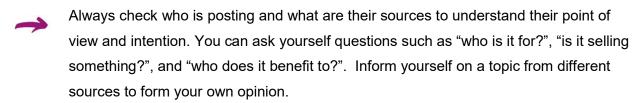
Why is this important?

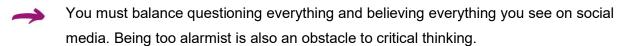
Everyone can post whatever they want on social media. The positive aspect is that you can find lots of different visions and points of view on social media. It is great to see different angles and to confront to people you disagree with. However, it is important to improve your critical thinking to avoid believing everything you can see on social media or posting things that you would regret or could put you in a difficult position.



Tips and tricks









Useful resources and tools



This <u>resource sheet</u> by SALTO introduces these concepts, providing some tools and a short video to explain why media literacy and critical thinking is important.





SAFETY RESOURCES



On the same platform, there is another resource sheet specific, "Critical Thinking", explaining in more detail the skill of critical thinking and giving some resources to extend your knowledge.

- SALTO platform provides another resource sheet on "Media and Information Literacy". It provides some tools and resources on the topic and explains why this is an important skill to develop online.

Social Media Literacy Erasmus+ project was developed to teach social media literacy to students. You can find tools and resources on their project website.